

FRIARWORKS

**FRANCISCAN
MINISTRY & MISSION**

The Franciscan Friars • Province of St. John the Baptist
 1615 Vine Street, Ste. 1 • Cincinnati, OH 45202 • 513-721-4700
 Email: friarworks@franciscan.org • Franciscan.org • StAnthony.org

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Visit StAnthony.org/worship
for virtual Mass times.

Advent 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER			DECEMBER			
28 Pray the Advent season prepares you spiritually for Jesus Christ's birth.	29 Donate towels or blankets to an animal shelter.	30 Write a note to someone in a nursing facility or an elderly neighbor.	1 Take a prayer walk.	2 Make an effort to learn something new.	3 Do an act of kindness and don't tell anyone.	4 List your friend's best qualities and give it to her/him.
5 Pray for the people we serve who are among the most vulnerable.	6 Make a list of five things you are grateful for.	7 Call or write a note to a person who makes a difference in your life.	8 Pray for all who lost someone this year and for those with broken hearts.	9 Donate to your charity of choice.	10 Look in the mirror and say something kind to yourself.	11 Light a candle in memory of a loved one.
12 Meditate for 15 minutes.	13 Pray you will forgive someone who hurt you.	14 Pray for all affected by Covid-19.	15 Forgive yourself for a mistake you made in the past.	16 Thank someone for their friendship.	17 Volunteer to help a charity or non-profit.	18 Pray for a cause that touches your heart.
19 Correspond with someone you have lost contact with.	20 Donate food or used clothing to people in need.	21 Call or send a card to someone who is lonely.	22 Deliver baked goods to a friend or neighbor.	23 Pray for all those struggling with their faith.	24 Read the story of Jesus' birth (Luke 2:1-14).	25 Celebrate the birth of Jesus in church or online.
26	27	28	29	30	31	

A Blessed and Holy Advent Season

