

FRIARWORKS

FRANCISCAN MINISTRY & MISSION


The Franciscan Friars • Province of St. John the Baptist

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December 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|---|
| Research the history of the Advent Calendar 1 | Pray to forgive someone who hurt you 2 | Thank a person who made a difference in your life 3 | Make a list of five things you are grateful for 4 | Volunteer your services to help another 5 | Catch up with an old friend 6 | Pray for a cause that touches your heart 7 |
| Make an effort to smile at others 8 | Turn off the car radio and pray instead 9 | Donate to the charity your of choice 10 | Look in the mirror and say something kind to yourself 11 | Meditate for 15 minutes 12 | Compliment a stranger 13 | Take a walk and pick up trash you see 14 |
| Donate clothes that you don't wear 15 | Make an effort to learn something brand new 16 | Thank someone for their friendship 17 | Do a secret act of kindness for someone 18 | Visit or call someone who is lonely 19 | Leave some food out for the birds 20 | Spend 30 minutes in silence 21 |
| Bake or buy cookies for a neighbor 22 | List a friend's best qualities and give it to her/him 23 | Read the story of Jesus' birth (Luke 2:1-14) 24 | Celebrate the birth of Christ at Mass 25 |  | | 28 |
| 29 | 30 | 31 | | | | |